

## FUNDAMENTALS



### Tools

- The Relationship Systems Model
- Third Entity
- The Five principles of RSI
- Systems Approach
- String Exercise
- Designing Team Alliance (DTA) & Leader Alliance (DLA)
- Alignment Work
- Team Toxin Grid/Conflict Protocol
- Informal Constellations
- Relationship Myth

### Skills

- Normalising
- Revealing the System
- Create Positivity
- Acknowledge the Relationship
- Self-Management
- Not Taking Sides
- Setting Context & Fade
- Action/Accountability
- Bilateral Ventilation
- Reads and Works with the Emotional Field
- Comes from and Works with MetaSkills

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## INTELLIGENCE



### Tools

- Force Field Analysis
- Edge Work
- Signals and Double Signals
- Working with Realm
- Deep Democracy Process
- Appreciation Loop
- Partner as Dream Door
- Double Signal
- Ground Conditions for Change

### Skills

- Unfolding Skills
- Amplification (movement, sound, prohibition)
- Channel Switch
- Blank Access Questions
- Primary/Secondary Edge Awareness Process
- Signals & Edge Theory as Operating System
- Metaskill of Lion's Roar

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## ORSC SERIES: THE CLIENT IS THE RELATIONSHIP

## GEOGRAPHY



### Tools

- My Land Visualisation
- My Land, Your Land, Our Land
- Organisational Lands Work
- Roles (Outer, Inner, Secret Selves (Positive & Triggered), Ghosts and Time Spirits
- Unfolding Positive Aspects
- Nested Systems
- Discovering Essence Land with Aspects
- Mansion Visualisation
- De-triggering Triggered

### Skills

- MetaSkills;
- Joy in the Difference
- Deep Democracy

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## PATH



### Tools

- Three Levels of Reality (Essence, Dreaming, Consensus Reality)
- MetaSkills Wheel
- High Dream/Low Dream
- Original Myth Coaching
- Steps for Myth Change
- Myth Change for Organisations
- Meta Partners
- Partner as Truth Teller/Mirror (2% Truth)
- Bringing Down the Vision
- Dream Behind the Complaint
- Four Abodes
- Quantum Flirts
- Three Levels of Reality
- Wheeler Fish

### Skills

- Work with Essence, Dreaming & Consensus Reality Levels
- Set Context and Fade
- Educate
- Use MetaSkills to Create EF
- Create Clear Agenda
- Normalize/Validate
- Unfolding Skills

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## SYSTEM INTEGRATION



- Putting it all Together
- Stages of Systems Entry
- Approaches to Assessment
- Team Strengths and Challenges

- Team Games (Secret Self Mingle, A Great Wind Blows, Appreciation Seat)
- Rank & Privilege
- Meet, Reveal, Align & Act

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## ORSC | COMPETENCIES

- Holds the Relationship System as the Client
- Holds the Relationship System as Naturally Intelligent and Creative
- Reveals the Relationship System to Itself
- Reads and Works with the Emotional Field (EF)
- Practice Good Ethics
- Meets ICF Coaching Practice Competencies - Holds Client Agenda & Forwards the Action
- Comes from and works with MetaSkills
- Champions Deep Democracy
- Fluidly Navigates at Least Two of the Three Levels
- Works with the Whole Relationship System
- Educates/trains the client

## RELATIONSHIP SYSTEM

is a group of interdependent entities with a common focus or identity.



Relationship Systems are naturally intelligent, generative and creative

Relationship Systems are in a constant state of emergence

Each Relationship System has it's own unique identity or "personality"

Relationship Systems rely on roles for their organisation and execution of functions

RSI

Every member of the Relationship System (team or partnership) is a voice of the system

## 5 PRINCIPLES OF RSI

## YOU HAVE LEARNT

40



27

NEW TOOLS

NEW SKILLS

## MEET | REVEAL | ALIGN | ACT

The ORSC approach is designed to Meet, Reveal, Align and Act with every system we engage in. It's a model to honour the iterative phases of all systemic process. These phases are a map for the coach and the team to determine where they are in their process.



MEET

Meet is the first stage or phase of systems entry.

Tool Example: DTA



REVEAL



Reveal is about helping the system to "see itself".

Tool Example: Informal Constellation

ALIGN



ACT

Align and Act brings the parts of the system together in a common, agreed upon direction, working through challenges, conflicts and impediments that may get in the way of an effective partnership.

Tool Example: Alignment Coaching



## ORSC RULES



2% TRUTH



EVERYONE IS RIGHT PARTIALLY



ALL VOICES ARE AN EXPRESSION OF THE SYSTEM